

# IMPROV CLASS

## SKETCH COMEDY GROUP

### AT EMBARK!

WITH **KEN WOODHOUSE**  
(a.k.a. **SONNY SHORES**)

Improvisation is for EVERYONE. At its essence, improv is not necessarily about being funny or clever, and there is certainly no need to be an actor or performer. Improvisation is a method anyone can learn and practice which teaches you to be present, to listen to others, to co-create, and to see the power of agreement. Improvisation allows you to discover an inner and authentic confidence, to trust in your self, your instincts, and most importantly, your teammates.

This class is designed for both the seasoned improviser, as well as the business professional who wishes simply to better perform under pressure. Or speak in public!

This class aims to provide more than a learning experience. The goal is...fun. Improv classes are a judgment free zone. A place to intensify and explore freedom of choice, and to release confidence and spontaneity, enhancing skills in public speaking, focused listening, responding, flexibility and specificity – leading to greater confidence and lower inhibitions when speaking and presenting.

**THIS CLASS IS FOR ADULTS**

**FOR MORE INFO:**

**CONTACT KEN at [kwoodhouse@optonline.net](mailto:kwoodhouse@optonline.net)**  
**OR EMBARK [embarkpeekskill@gmail.com](mailto:embarkpeekskill@gmail.com)**

**THURSDAY NIGHTS!**

**7:00–8:30 PM**

**EMBARK PEEKSKILL**  
**1008 MAIN ST, 3<sup>RD</sup> FL**

**\$70 FOR 4 SESSIONS**  
**\$20 INDIVIDUAL**

**MONTHLY IN-STUDIO SHOWCASES AND/OR PERFORMANCES ON THE 1<sup>ST</sup> FLOOR STAGE FOR THOSE WHO WISH TO PARTICIPATE!**



**KEN WOODHOUSE**

**STARTS FEB 25**

**THIS WILL BE FUN & POSSIBLY LIFE CHANGING!**